

CONTAINS:	Dairy	Eggs	Mustard	Peanuts	Tree Nuts	Sesame	Soy	Sulfites	Wheat/Gluten	Celery	Corn (Not A Regulated Allergen)	Fish/Shellfish
Vegenaise®												
Original	N	N	Y	N	N	N	Y	N	N	N	N	N
Grapeseed Oil	N	N	Y	N	N	N	Y	N	N	N	N	N
Organic	N	N	Y	N	N	N	Y	N	N	N	N	N
Soy-Free	N	N	Y	N	N	N	N	N	N	N	N	N
Reduced Fat	N	N	Y	N	N	N	Y	N	N	N	N	N
Organic Garlic Aioli	N	N	Y	N	N	N	Y	N	N	N	N	N
Avocado Oil	N	N	Y	N	N	N	N	N	N	N	N	N
Vegenaise Gourmet®												
Chipotle	N	N	Y	N	N	N	N	N	N	N	N	N
Pesto	N	N	Y	N	N	N	N	N	N	N	N	N
Roasted Garlic	N	N	Y	N	N	N	N	N	N	N	N	N
Sriracha	N	N	Y	N	N	N	N	N	N	N	N	N
Tartar Sauce	N	N	Y	N	N	N	N	N	N	N	N	N
Horseradish Sauce	N	N	Y	N	N	N	N	N	N	N	N	N
*All Vegenaise® contains Mustard.												
Dairy-Free Slices & Blocks												
American	N	N	N	N	N	N	N	N	N	N	Y	N
Provolone	N	N	N	N	N	N	N	N	N	N	Y	N
Mozzarella	N	N	N	N	N	N	N	N	N	N	Y	N
Garden Herb	N	N	N	N	N	N	N	N	N	N	Y	N
Smoked Gouda	N	N	N	N	N	N	N	N	N	N	Y	N
Pepper Jack	N	N	N	N	N	N	N	N	N	N	Y	N
Medium Cheddar	N	N	N	N	N	N	N	N	N	N	Y	N
Dairy-Free Shreds												
Mozzarella	N	N	N	N	N	N	N	N	N	N	Y	N
Cheddar	N	N	N	N	N	N	N	N	N	N	Y	N
Fiesta Blend	N	N	N	N	N	N	N	N	N	N	Y	N
Pizzeria Blend	N	N	N	N	N	N	N	N	N	N	Y	N
Vegan Gourmet® Made with Organic Blocks												
Mozzarella	N	N	N	N	N	N	Y	N	N	N	N	N
Cheddar	N	N	N	N	N	N	Y	N	N	N	N	N
Dairy-Free Parmesan Shredded & Grated												
Parmesan	N	N	N	N	N	N	N	N	N	N	Y	N
Dairy-Free Feta Crumbles												
Feta	N	N	N	N	N	N	N	N	N	N	Y	N
*Dairy-Free Slices, Blocks, Shreds, Parmesan and Feta are all allergen free. Vegan Gourmet® Made with Organic Blocks contain Non-GMO Soy. *Earth Island/Follow Your Heart uses refined coconut oil in some of our products. Refined oils are not considered allergenic and therefore are not labeled as such, per FDA allergen labeling law. Refined coconut oil is generally considered safe for coconut allergic persons because the coconut protein is separated from the oil during the extraction and refining process.												
Dips & Spreads												
Dairy-Free Sour Cream	N	N	N	N	Y*	N	N	N	N	N	Y	N
Dairy-Free Cream Cheese	N	N	N	N	N	N	N	N	N	N	Y	N
*Dairy-Free Sour Cream contains Coconut but no other Tree Nuts. *Earth Island/Follow Your Heart uses refined coconut oil in some of our products. Refined oils are not considered allergenic and therefore are not labeled as such, per FDA allergen labeling law. Refined coconut oil is generally considered safe for coconut allergic persons because the coconut protein is separated from the oil during the extraction and refining process.												
Salad Dressings												
High Omega Vegan Ranch	N	N	Y	N	N	N	Y	N	N	N	N	N
High Omega Vegan Bleu Cheese	N	N	Y	N	N	N	Y	N	N	N	N	N
Organic Vegan Caesar	N	N	Y	N	N	N	Y	N	N	N	N	N
Organic Vegan Balsamic Vinaigrette	N	N	N	N	N	N	N	N	N	N	N	N
Organic Vegan Miso Ginger	N	N	Y	N	N	Y	Y	N	N	N	N	N
Organic Vegan Italian Vinaigrette	N	N	N	N	N	N	Y	N	N	N	N	N
Organic Vegan Coleslaw	N	N	Y	N	N	N	Y	N	N	Y	N	N
Original Vegan Balsamic Vinaigrette	N	N	Y	N	N	N	N	N	N	Y	N	N
Vegan Honey Mustard	N	N	Y	N	N	N	Y	N	N	Y	N	N
Vegan Thousand Island	N	N	Y	N	N	N	Y	N	N	N	N	N
Vegan Creamy Garlic	N	N	Y	N	N	N	Y	N	N	N	N	N
Vegan Lemon Herb	N	N	Y	N	N	N	N	N	N	Y	N	N
Reduced Fat Vegan Balsamic Vinaigrette	N	N	Y	N	N	N	N	N	N	Y	N	N
Reduced Fat Vegan Ranch	N	N	Y	N	N	N	Y	N	N	N	Y	N
Reduced Fat Vegan Southwest Ranch	N	N	Y	N	N	N	Y	N	N	N	Y	N
VeganEgg™												
VeganEgg™	N	N	N	N	N	N	Y	N	N	N	Y	N
*VeganEgg™ contains Non-GMO, organic Soy.												
Gluten-Free Breads & Tortillas												
Oat Bread	N	N	N	N	N	N	N	N	N	N	N	N
Millet Bread	N	N	N	N	N	N	N	N	N	N	N	N
Classic Tortillas	N	N	N	N	N	N	N	N	N	N	N	N
Chia & Flax Tortillas	N	N	N	N	N	N	N	N	N	N	N	N
*Gluten-Free Breads & Tortillas are all allergen free.												
Dairy-Free Yogurts												
Plain	N	N	N	N	Y*	N	N	N	N	N	Y	N
Vanilla Bean	N	N	N	N	Y*	N	N	N	N	N	N	N
Strawberry	N	N	N	N	Y*	N	N	N	N	N	N	N
Peach	N	N	N	N	Y*	N	N	N	N	N	N	N
Cherry	N	N	N	N	Y*	N	N	N	N	N	N	N
Raspberry	N	N	N	N	Y*	N	N	N	N	N	N	N
Strawberry Rhubarb	N	N	N	N	Y*	N	N	N	N	N	N	N
Piña Colada	N	N	N	N	Y*	N	N	N	N	N	N	N
Key Lime	N	N	N	N	Y*	N	N	N	N	N	N	N
Blueberry	N	N	N	N	Y*	N	N	N	N	N	N	N
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